

# Course Specification (2025)

## 1. Basic Information

Course Title (according to the bylaw)	<b>Geriatric Nursing</b> تمريض المسنين			
Course Code (according to the bylaw)	<b>NUR422</b>			
Department/s participating in delivery of the course	<b>Community Health Nursing Department- Faculty of Nursing- Benha University</b>			
Number of teaching hours/points of the course (according to the bylaw)-	Theoretical	Practical	Other (specify)	Total
	2 hours	12 hours	-	14 hours
Course Type	<b>إجبارى</b>			
Academic level at which the course is taught	<b>الفرقة / المستوى الرابع</b>			
Academic Program	<b>Bachelor of Nursing Science</b>			
Faculty/Institute	<b>Nursing</b>			
University/Academy	<b>Benha</b>			
Name of Course Coordinator	<b>Dr/ Samah Said Sabry</b>			
Course Specification Approval Date	<b>2025/7/13</b>			
Course Specification Approval (Attach the decision/minutes of the department /committee/council ....)	<u><b>مجلس قسم شهر 7 قسم صحة مجتمع</b></u>			

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## 2. Course Overview (Brief summary of scientific content)

The course aims to provide undergraduate students with the essential knowledge and skills that enable them to identify physical , social and phycological problems for elderly people and provide nursing care in the community and private settings.

## 3. Course Learning Outcomes CLOs

### Matrix of course learning outcomes CLOs with program outcomes POs (NARS/ARS)

Program Outcomes (NARS/ARS) (according to the matrix in the program specs)		Course Learning Outcomes Upon completion of the course, the student will be able to:	
Code	Text	Code	Text
2.1.1	Conduct holistic and focused bio-psychosocial and environmental assessment of health and illness in diverse settings.	2.1.1.1	Identify needs of older adults based on bio-psychosocial and environmental assessment.
2.1.2	Provide holistic nursing care that addresses the needs of individuals, families and communities across the life span.	2.1.2.1	Apply holistic nursing care that addresses needs of older adults as measuring of pulse, temperature, blood pressure accurately for elderly and care with diabetic foot elderly patients.
2.1.3	Provide holistic patient-centered care respecting people diversity.	2.1.3.1	Assess the effectiveness of nursing care for the older adults.
		2.1.3.2	Perform holistic older adult- centered care as ROM exercise considering physical, psychological, mental and social changes
2.1.4	Advocate the patient/client needs/problems within the Egyptian health care system and the personal context.	2.1.4.1	Mention misconception within the Egyptian health care system and the personal context about the older adults.
		2.1.4.2	List rights of older adults.
2.1.5	Utilize different community resources for referral to assist the patient/client and family through transitions across the continuum of	2.1.5.1	Perform referrals to appropriate community resources available for elderly.
		2.1.5.2	Determine criteria for effective services for older people.

<b>Program Outcomes (NARS/ARS)</b> (according to the matrix in the program specs)		<b>Course Learning Outcomes</b> Upon completion of the course, the student will be able to:	
<b>Code</b>	<b>Text</b>	<b>Code</b>	<b>Text</b>
	care.	2.1.5.3	Explain available community resources and support available for caregivers.
2.1.6	Examine evidence that underlie clinical nursing practice to offer new insights to nursing care for patients, families, and communities.	2.1.6.1	Plan the role of geriatric nurse based on evidence in protecting and promoting health of older adults
2.2.4	Use educational principles and counseling techniques appropriately and effectively with diverse populations.	2.2.4.1	Identify basic concepts of geriatric health.
		2.2.4.2	Describe the role of the geriatric nurse as educator and counselor in preventing of common physical health problems among older adults
2.2.5	Communicate health information and coordinate health education/promotion activities effectively according to patient/client needs.	2.2.5.1	Perform interpersonal communication and ethics in caring for elderly people at different settings.
		2.2.5.2	Formulate steps for the consumer considering alternative therapy
3.3.2	Participate in quality improvement process to enhance nursing care rendered and patient/client outcomes.	3.3.2.1	Illustrate determinants of health that affect aging and quality of life to enhance client outcomes
3.3.4	Implement standardized protocols when providing nursing care considering quality improvement and patient's safety.	3.3.4.1	Apply health measures related to levels of prevention according to individuals and community health needs considering quality improvement and client's safety.
4.2.3	Apply technologies and information systems to support provision of safe nursing care practice to individuals, families, and communities.	4.2.3.1	Utilize telehealth in provision of safe nursing care practice as first aid for shock and burn for older adults.
		4.2.3.2	Discuss common applications of assistive technology.
5.1.1	Maintain inter-professional collaboration, in a variety of settings to maximize health outcomes for the patients, families and communities.	5.1.1.1	List role of hospital palliative care team as interprofessional team in providing of care for terminally ill patients.

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<b>Program Outcomes (NARS/ARS)</b> (according to the matrix in the program specs)		<b>Course Learning Outcomes</b> Upon completion of the course, the student will be able to:	
<b>Code</b>	<b>Text</b>	<b>Code</b>	<b>Text</b>
5.1.3	Use standardized communication approach to transfer care responsibilities to other professionals to facilitate experience transitions across different health care settings.	5.1.3.1	Apply standardized communication in provision of home health care about care of wound, technique of insulin injection and test of blood glucose for older adults to facilitate experience transitions for the family.

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## 4. Teaching and Learning Methods

- 1- Interactive lecture
2. Brain storming
3. Blended learning
4. Self- learning
5. Practical training (Demonstration and re-demonstration)
6. Field training
7. Virtual lab
8. OSCE

## Course Schedule

Number of the Week	Scientific content of the course (Course Topics)	Total Weekly Hours	Expected number of the Learning Hours			
			Theoretical teaching (lectures/discussion groups)	Training (Practical/Clinical)	Self-learning (Tasks/Assignments/Projects)	Other (Field training)
1	Introduction of geriatric nursing.	2hours	2hour	-	-	-
	First aid (shock – Burn).	12hours	-	12hour	-	-
2	Changes of aging.	2hours	2hour	-	-	-
	Range of motion exercises.	12hours	-	12hour	-	-
3	Needs of older adult.	2hours	2hour	-	-	-
	Diabetic foot care.	12hours	-	12hour	-	-
4	Assistive technology for older adults.	2hours	2hour	-	-	-
	Vital signs.	12hours	-	-	-	12hour
5	Family as caregivers.	2hours	2hour	-	-	-
	Insulin injection& blood glucose test.	12hours	-	-	-	12hour
6	Levels of prevention.	2hours	2hours	-	-	-
	First aid (shock – Burn).	12hours	-	-	-	12hours
7	Ethical constructs related to geriatric patient care.	2hours	2hours	-	-	-
	Range of motion exercises.	12hours	-	-	-	12hours
8	Promotion of quality of life of elderly	2hours	2hours	-	-	-
	Diabetic foot care.	12hours	-	-	-	12hours
9	Alternative therapies.	2hours	2hours	-	-	-
	Vital signs.	12hours	-	-	-	12hours
10	Management of common health problems.	2hours	2hours	-	-	-
	Insulin injection& blood glucose test.	12hours	-	-	-	12hours
11	Coping strategies among elderly people.	2hours	2hours	-	-	-
	First aid (shock – Burn).	12hours	-	-	-	12hours
12	Gerontological nursing and	2hours	2hours	-	-	-

	health promotion.					
	Range of motion exercises.	12hours	-	-	-	12hours
13	Home health care consideration for elderly people.	2hours	2hours	-	-	-
	Diabetic foot care.	12hours	-	-	-	12hours
14	Palliative care for elderly person.	2hours	2hours	-	-	-
	Vital signs.	12hours	-	-	-	12hours
15	Palliative care for elderly person.	2hours	2hours	-	-	-
	Insulin injection& blood glucose test.	12hours	-	-	-	12hours

## 5. Methods of students' assessment

No.	Assessment Methods *	Assessment Timing (Week Number)	Marks/ Scores	Percentage of total course Marks
1	Semester Work	Periodical	60	30%
2	Final practical examination	14 <sup>th</sup> week	10	5%
3	Final oral examination	16 <sup>th</sup> week	10	5%
4	Final electronic written examination	16 <sup>th</sup> week	120	60%

## 6. Learning Resources and Supportive Facilities \*

Learning resources (books, scientific references, etc.) *	The main (essential) reference for the course (must be written in full according to the scientific documentation method)	<b>Community Health Nursing Department, (2025):</b> Electronic Handouts (CD) of Community Health Nursing Department, Faculty of Nursing, Benha University.
	Other References	<b>Capezuti, I., Capezuti, E., and Boltz, M. (2024):</b> Evidence Based Geriatric Nursing Protocols for Best Practice, 6 <sup>th</sup> Ed, Springer Publisher Company, USA. <b>- Malone, M., Boltz, M., Tejada, J., and White, H.</b>

		(2024): Geriatrics Models of Care (Bringing Best Practice to an Aging), 2nd Ed, Springer Nature, USA.
	Electronic Sources (Links must be added)	<a href="https://www.americangeriatrics.org">https://www.americangeriatrics.org</a> . <a href="https://www.gapna.org">https://www.gapna.org</a> . <a href="https://www.nia.nih.gov">https://www.nia.nih.gov</a> .
	Learning Platforms (Links must be added)	<a href="https://ebook1.bu.edu.eg">https://ebook1.bu.edu.eg</a> <a href="http://www.elearning.edu.eg.com">http://www.elearning.edu.eg.com</a> .
	Other (to be mentioned)	-

Supportive facilities & equipment for teaching and learning *	Devices/Instruments	Data show
	Supplies	White board & Lab supplies
	Electronic Programs	Microsoft teams
	Skill Labs/ Simulators	Community health nursing skill lab- OSCE
	Virtual Labs	Virtual lab
	Other (to be mentioned)	Medical- surgical nursing skill labs supplies

Name and Signature  
Course Coordinator

Dr. Samah Said Sabry  
13/7/2025

Name and Signature  
Program Coordinator

Dr. Hehrouba Sobhy  
13/7/2025