Course Specification
(2025)

1. Basic Information

Course Title (according to the bylaw)	**Geriatric Nursing (Theory)** **تمريض مسنين (نظرى)**
Course Code (according to the bylaw)	**NUR412**
Department/s participating in delivery of the course	**Community Health Nursing Department- Faculty of Nursing- Benha University**

Number of credit hours/points of the course (according to the bylaw)-	Theoretical	Practical	Other (specify)	Total
	3 (credit hours)	-	-	3 (credit hours)

Course Type	**إجبارى**
Academic level at which the course is taught	**المستوى الرابع/الفصل الدراسى السابع والثامن**
Academic Program	**Bachelor of Nursing Science (credit hours)**
Faculty/Institute	**Nursing**
University/Academy	**Benha**
Name of Course Coordinator	**Dr/ Samah Said Sabry**
Course Specification Approval Date	**2025/7/13**
Course Specification Approval (Attach the decision/minutes of the department /committee/council ....)	**مجلس قسم شهر 7 قسم صحة مجتمع**

2. Course Overview (Brief summary of scientific content)

The course aims to provide undergradute students with the knowledge necessary to communicate with the elderly and provide suitable nursing care, while supporting the elderly's self realince. It includes an introduction to the elderly, physical and psychological changes related to age, how to evaluate the eldely, their health problems , their needs and the role of nurses in providing care for the elderly, as well as their chronic health problems. The course also includes the study of communication skills with the elderly, and self learning based on problem solving is method of education used in this course.

3. Course Learning Outcomes CLOs

Matrix of course learning outcomes CLOs with program outcomes POs (NARS/ARS)

Program Outcomes (NARS/ARS) (according to the matrix in the program specs)		Course Learning Outcomes Upon completion of the course, the student will be able to:	
Code	Text	Code	Text
2.1.1	Conduct holistic and focused bio-psychosocial and environmental assessment of health and illness in diverse settings.	2.1.1.1	Determine needs of older adults based on bio-psychosocial and environmental assessment.
2.1.2	Provide holistic nursing care that addresses the needs of individuals, families and communities across the life span.	2.1.2.1	Enumerate holistic nursing care that addresses needs of older adults.
2.1.3	Provide holistic patient-centered care respecting people diversity.	2.1.3.1	Evaluate the effectiveness of nursing care for the older adults.
		2.1.3.2	Discuss holistic older adult- centered care considering physical, psychological, mental and social changes

Program Outcomes (NARS/ARS) (according to the matrix in the program specs)		Course Learning Outcomes Upon completion of the course, the student will be able to:	
Code	**Text**	**Code**	**Text**
2.1.4	Advocate the patient/client needs/problems within the Egyptian health care system and the personal context.	2.1.4.1	Label misconception within the Egyptian health care system and the personal context about the older adults.
		2.1.4.2	List rights of older adults.
2.1.5	Utilize different community resources for referral to assist the patient/client and family through transitions across the continuum of care.	2.1.5.1	Outline referrals to appropriate community resources available for elderly.
		2.1.5.2	Determine criteria for effective services for older people.
		2.1.5.3	Explain available community resources and support available for caregivers.
2.1.6	Examine evidence that underlie clinical nursing practice to offer new insights to nursing care for patients, families, and communities.	2.1.6.1	Design nursing care plan based on evidence in protecting and promoting health of older adults
2.2.4	Use educational principles and counseling techniques appropriately and effectively with diverse populations.	2.2.4.1	Identify basic concepts of geriatric health.
		2.2.4.2	Describe the role of the geriatric nurse as educator and counselor in preventing of common physical health problems among older adults
2.2.5	Communicate health information and coordinate health education/promotion activities effectively according to patient/client needs.	2.2.5.1	Demonstrate interpersonal communication and ethics in caring for elderly people at different settings.
		2.2.5.2	Formulate steps for the consumer considering alternative therapy
3.3.2	Participate in quality improvement process to enhance nursing care rendered and patient/client outcomes.	3.3.2.1	Illustrate determinants of health that affect aging and quality of life to enhance client outcomes
3.3.4	Implement standardized protocols when providing nursing care considering quality improvement and patient's safety.	3.3.4.1	State health measures related to levels of prevention according to individuals and community health needs considering quality improvement and client's safety.
4.2.3	Apply technologies and information systems to support provision of safe nursing care practice to individuals, families, and communities.	4.2.3.1	Utilize telehealth in provision of safe nursing care practice for older adults.
		4.2.3.2	Discuss common applications of assistive technology.

Program Outcomes (NARS/ARS) (according to the matrix in the program specs)		Course Learning Outcomes Upon completion of the course, the student will be able to:	
Code	Text	Code	Text
5.1.1	Maintain inter-professional collaboration, in a variety of settings to maximize health outcomes for the patients, families and communities.	5.1.1.1	List role of hospital palliative care team as interprofessional team in proving of care for terminally ill patients.
5.1.3	Use standardized communication approach to transfer care responsibilities to other professionals to facilitate experience transitions across different health care settings.	5.1.3.1	Follow standardized communication in provision of home health care for older adults to facilitate experience transitions for the family.

4. Teaching and Learning Methods

1- Interactive lecture
2. Brain storming
3. Blended learning

Course Schedule

Number of the Week	Scientific content of the course (Course Topics)	Total Weekly Hours	Expected number of the Learning Hours			
			Theoretical teaching (lectures/ discussion groups)	Training (Practical/ Clinical)	Self-learning (Tasks/ Assignments / Projects)	Other (Field training)
1	Introduction of geriatric nursing.	3hours	3hours	-	-	-
2	Changes of aging.	3hours	3hours	-	-	-
3	Needs of older adult.	3hours	3hours	-	-	-
4	Assistive technology for older adults.	3hours	3hours	-	-	-
5	Family as caregivers.	3hours	3hours	-	-	-
6	Levels of prevention.	3hours	3hours	-	-	-
7	Ethical constructs related to geriatric patient care.	3hours	3hours	-	-	-
8	Promotion of quality of life of elderly.	3hours	3hours	-	-	-
9	Alternative therapies.	3hours	3hours	-	-	-
10	Management of common health problems.	3hours	3hours	-	-	-
11	Coping strategies among elderly people.	3hours	3hours	-	-	-
12	Gerontological nursing and health promotion.	3hours	3hours	-	-	-
13	Home health care consideration for elderly people.	3hours	3hours	-	-	-
14	Palliative care for elderly person.	3hours	3hours	-	-	-

5. Methods of students' assessment

No.	Assessment Methods *	Assessment Timing (Week Number)	Marks/ Scores	Percentage of total course Marks
1	Semester Work	Periodical	30	20%
2	Electronic midterm exam	7th week	20	13.3%
3	Final electronic written examination	16th week	100	66.7%

6. Learning Resources and Supportive Facilities *

Learning resources (books, scientific references, etc.) *	The main (essential) reference for the course (must be written in full according to the scientific documentation method)	Community Health Nursing Department, (2025): Electronic Handouts (CD) of Community Health Nursing Department, Faculty of Nursing, Benha University.
	Other References	Malone, M., Boltz, M., Tejada, J., and White, H. (2024): Geriatrics Models of Care (Bringing Best Practice to an Aging), 2nd Ed, Springer Nature, USA. Capezuti, l., Capezuti, E., and Boltz, M. (2024): - Evidence Based Geriatric Nursing Protocols, 6th Ed, Springer Publisher Company, USA.
	Electronic Sources (Links must be added)	https://www.americangeriatrics.org https://www.gapna.org https://www.nia.nih.gov
	Learning Platforms (Links must be added)	https://ebook1.bu.edu.eg http://www.e learning.edu.eg.com.
	Other (to be mentioned)	-
Supportive facilities & equipment for teaching and learning *	Devices/Instruments	Data show
	Supplies	White board
	Electronic Programs	Microsoft teams
	Skill Labs/ Simulators	-
	Virtual Labs	-
	Other (to be mentioned)	-

Name and Signature Course Coordinator	Name and Signature Program Coordinator
Dr. Samah said Sabry 13/7/2025	Dr. Mahbrube Sabhy 13/7/2025