Course Specification

(2025)

1. Basic Information

Course Title (according to the bylaw)	**Community Health Nursing** تمريض صحة مجتمع
Course Code (according to the bylaw)	**NUR421**
Department/s participating in delivery of the course	**Community Health Nursing Department- Faculty of Nursing- Benha University**

Number of teaching hours/points of the course (according to the bylaw)	**Theoretical**	**Practical**	**Other (specify)**	**Total**
	4 hours	12 hours		16 hours

Course Type	إجبارى
Academic level at which the course is taught	الفرقة /المستوى الرابع
Academic Program	**Bachelor of Nursing Science**
Faculty/Institute	**Nursing**
University/Academy	**Benha**
Name of Course Coordinator	**Dr/ Doaa Mohamed Sobhy**
Course Specification Approval Date	**13-7-2025**
Course Specification Approval (Attach the decision/minutes of the department /committee/council ....)	مجلس قسم شهر 7 قسم صحة مجتمع

2. Course Overview (Brief summary of scientific content)

The course aims to equip undergraduate students with essential knowledge and skills to provide nursing care, preventive, curative and rehabilitative care to individuals, families and communities by using nursing skills and public health science skills

3. Course Learning Outcomes CLOs

Matrix of course learning outcomes CLOs with program outcomes POs (NARS/ARS)

Program Outcomes (NARS/ARS) (according to the matrix in the program specs)		Course Learning Outcomes Upon completion of the course, the student will be able to:	
Code	**Text**	**Code**	**Text**
2.1.1	Conduct holistic and focused bio-psychosocial and environmental assessment of health and illness in diverse settings.	2.1.1.1	Assess environmental factors and climate changes which affect health and vulnerable groups.
		2.1.1.2	apply the school health services and first aid measures for healthy and ill students in different settings
2.1.2	Provide holistic nursing care that addresses the needs of individuals, families and communities across the life span.	2.1.2.1	Provide appropriate age specific nursing care for individuals and families in different community settings
2.1.3	Provide holistic patient-centered care respecting people diversity.	2.1.3.1	Analyze levels of prevention that are appropriate for healthy people and who are at risk of violence and homeless with respect to their cultural differences.
2.1.4	Advocate the patient/client needs/problems within the Egyptian health care system and the personal context.	2.1.4.1	Enumerate problems and basic principles of caring of disabled population properly in different community settings.
		2.1.4.2	Identify population at risk within urban and rural communities through home visits.

Program Outcomes (NARS/ARS) (according to the matrix in the program specs)		Course Learning Outcomes Upon completion of the course, the student will be able to:	
Code	Text	Code	Text
2.1.5	Utilize different community resources for referral to assist the patient/client and family through transitions across the continuum of care.	2.1.5.1	Utilize the available community resources effectively in order to provide nursing care for individuals, families, and communities.
2.1.6	Examine evidence that underlie clinical nursing practice to offer new insights to nursing care for patients, families, and communities.	2.1.6.1	Apply the epidemiological model for work health interactions to improve different groups practices about spread of infection.
		2.1.6.2	Demonstrate the steps of pattern of breast examination safely and effectively using appropriate techniques.
2.2.4	Use educational principles and counseling techniques appropriately and effectively with diverse populations.	2.2.4.1	Formulate principles of counseling effectively for different age groups.
2.2.5	Communicate health information and coordinate health education/promotion activities effectively according to patient/client needs.	2.2.5.1	Apply health education methods according to patient/clients' needs at different health settings
3.2.2	Act to protect patients and their families from unsafe, illegal, or unethical care practices in different work settings.	3.2.2.1	Analyze the different health hazards within the work environment that influence the health of individuals.
		3.2.2.2	Integrate an ethical value system for informed nursing practices regardless of patients' culture.
3.2.4	Apply research methods related to area of practice that enable and use the best evidence to maintain safe work environment.	3.2.4.1	Perform safety measures in different work settings.
3.3.2	Participate in quality improvement process to enhance nursing care rendered and patient/client outcomes.	3.3.2.1	Participate as a role modeling and support other health personnel to maximize outcomes of patient care.
		3.3.2.2	Explain importance of using personal protective equipment to enhance professional growth and maintain quality.
3.3.4	Implement standardized protocols when providing nursing care considering quality improvement and patient's safety.	3.3.4.1	Apply standardized nursing care during phases of disaster management for maintaining individuals' safety

Program Outcomes (NARS/ARS) (according to the matrix in the program specs)		Course Learning Outcomes Upon completion of the course, the student will be able to:	
Code	**Text**	**Code**	**Text**
4.2.3	Apply technologies and information systems to support provision of safe nursing care practice to individuals, families, and communities.	4.2.3.1	Use the internet and other electronic sources as a source of information related to advanced standards of practice and individuals' care.
5.1.1	Maintain inter-professional collaboration, in a variety of settings to maximize health outcomes for the patients, families and communities.	5.1.1.1	Discuss the role of the community health nurse in solving health problems of individuals and families and enhance patients/ clients health outcomes.
5.1.3	Use standardized communication approach to transfer care responsibilities to other professionals to facilitate experience transitions across different health care settings.	5.1.3.1	Explain different communication methods and skills to different groups in different health settings to facilitate care provision.

4. Teaching and Learning Methods

1- Interactive lecture
2. Brain storming
3. Blended learning
4. Self- learning
5. Practical training (Demonstration and re-demonstration)
6. Field training
7. Virtual lab
8. OSCE

Course Schedule

Number of the Week	Scientific content of the course (Course Topics)	Total Weekly Hours	Expected number of the Learning Hours			
			Theoretical teaching (lectures/discussion groups/ ......)	Training (Practical/Clinical/ ......)	Self-learning (Tasks/ Assignments/ Projects/ ...)	Other (to be determined)
1	- Overview of community health nursing.	4 hours	4 hours	12 hours	-	-
	- First aid (epistaxis, fracture, chocking and wound).	12 hours	-	12 hours	-	-
2	- School health.	4 hours	4 hours	-	-	-
	- Immunization.	12 hours		12 hours	-	-
3	- Chronic diseases.	4 hours	4 hours	-	-	-
	- Breast examination.	12 hours		12 hours	-	-
4	- Home visit.	4 hours	4 hours	-	-	-
	- First aid (epistaxis, fracture, chocking and wound).	12 hours	-	-	-	12 hours
5	- Communication and health education. - Primary health care	4 hours	4 hours	-	-	-
	- Immunization	12 hours	-	-	-	12 hours
6	- Homeless - Community based rehabilitation	4 hours	4 hours	-	-	-
	- Breast examination.	12 hours	-	-	-	12 hours
7	- Disasters management	4 hours	4 hours			
	- First aid (epistaxis, fracture, chocking and wound).	12 hours	-	-	-	12 hours
8	- Community assessment diagnosis.	4 hours	4 hours	-	-	-
	-Immunization	12 hours	-	-	-	12 hours
9	- Environmental health and safety.	4 hours	4 hours	-	-	-
	- Breast examination.	12 hours		-	-	12 hours
10	- Communicable disease.	4 hours	4 hours			
	- First aid (epistaxis, fracture, chocking and wound).	12 hours	-	-	-	12 hours

No.	Topic					
11	- Occupational health.	4 hours	4 hours	-	-	-
	-Immunization	12 hours	-	-	-	12 hours
12	- Disability - The family as a client.	4 hours 12 hours	4 hours	-	-	-
	- Breast examination.			-	-	12 hours
13	- Rural health - Violence.	4 hours	4 hours	-	-	-
	- First aid (epistaxis, fracture, chocking and wound).	12 hours	-	-	-	12 hours
14	- Counseling	4 hours	4 hours	-	-	-
	-Immunization	12 hours	-	-	-	12 hours
15	- Climate changes	4 hours	4 hours	-	-	-
	- Breast examination.	12 hours	-	-	-	12 hours

5. Methods of students' assessment

No.	Assessment Methods *	Assessment Timing (Week Number)	Marks/ Scores	Percentage of total course Marks
1	Semester Work	Periodical	60	30%
2	Final practical examination	14th week	10	5%
3	Final oral examination	16th week	10	5%
4	Final electronic written examination	16th week	120	60%

6. Learning Resources and Supportive Facilities *

Learning resources (books, scientific references, etc.) *	The main (essential) reference for the course (must be written in full according to the scientific documentation method)	**Community Health Nursing Department, (2025):** Electronic Handouts (CD) of Community Health Nursing Department, Faculty of Nursing, Benha University.
	Other References	**Edelman, C. Mandle, C. and Kudzman, E . (2023):** Health promotion throughout the life span ,8th ed. Elsevier health sciences,p.600. **Maurer, f. and Smith, C. (2024):** Community /public health nursing practice, Health for all families and population ,Sunders Elsevier . **Hemamalini, M& Gangadharan, S. (2024):** Community - health nursing frame work for practice, 3rd Ed, Elesevier health science, India.

	Electronic Sources (Links must be added)	https://www.apha.org/apha-communities/member-sections/public-health-nursing] https://www.who.int/healthtopics/communityhealth
	Learning Platforms (Links must be added)	https://ebook1.bu.edu.eg http://www.e learning.edu.eg.com.
	Other (to be mentioned)	-
Supportive facilities & equipment for teaching and learning *	Devices/Instruments	Data show
	Supplies	White board
	Electronic Programs	Microsoft teams
	Skill Labs/ Simulators	Community health nursing skill lab– OSCE
	Virtual Labs	Virtual lab
	Other (to be mentioned)	Obstetric and pediatric skill labs supplies

Name and Signature
Course Coordinator

Prof- Dooa Mohamad Sbly
13/7/2025

Name and Signature
Program Coordinator

Dr. Mahbouba Sobhy
13/7/2025