

# Course Specification

## (2025)

### 1. Basic Information

Course Title (according to the bylaw)	<b>Community Health Nursing(Theory)</b> تمريض صحة مجتمع (نظري)			
Course Code (according to the bylaw)	<b>NUR421</b>			
Department/s participating in delivery of the course	<b>Community Health Nursing Department- Faculty of Nursing- Benha University</b>			
Number of credit hours/points of the course (according to the bylaw)	Theoretical	Practical	Other (specify)	Total
	3(credit hours)	-	-	3(credit hours)
Course Type	إجباري			
Academic level at which the course is taught	المستوى الرابع / الفصل الدراسي السابع والثامن			
Academic Program	<b>Bachelor of Nursing Science (credit hours)</b>			
Faculty/Institute	<b>Nursing</b>			
University/Academy	<b>Benha</b>			
Name of Course Coordinator	<b>Dr/ Doaa Mohamed Sobhy</b>			
Course Specification Approval Date	<b>13-7-2025</b>			
Course Specification Approval (Attach the decision/minutes of the department /committee/council ....)	<u>مجلس قسم شهر 7 قسم صحة مجتمع</u>			

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## 2. Course Overview (Brief summary of scientific content)

The course aims to provide students with knowledge and skills and attitudes to implement strategies for disease prevention and health promotion in various community settings and within households whether, rural or urban. It includes the study of the basics for family health nursing, the concepts of improving health, the importance of communication skills in community and family health nursing and the role of nurses in the prevention of occupational hazards. As well as study how to control violence. Self-learning based on problem solving is method of education used in this course (lectures and tutorial sessions)

## 3. Course Learning Outcomes CLOs

### Matrix of course learning outcomes CLOs with program outcomes POs (NARS/ARS)

Program Outcomes (NARS/ARS) (according to the matrix in the program specs)		Course Learning Outcomes Upon completion of the course, the student will be able to:	
Code	Text	Code	Text
2.1.1	Conduct holistic and focused bio-psychosocial and environmental assessment of health and illness in diverse settings.	2.1.1.1	Assess environmental factors and climate changes which affect health and vulnerable groups.
		2.1.1.2	Generalize the school health services for healthy and ill students in different settings
2.1.2	Provide holistic nursing care that addresses the needs of individuals, families and communities across the life span.	2.1.2.1	Provide appropriate age specific nursing care for individuals and families in different community settings
2.1.3	Provide holistic patient-centered care respecting people diversity.	2.1.3.1	Analyze levels of prevention that are appropriate for healthy people and who are at risk of violence and homeless with respect to their cultural differences.
2.1.4	Advocate the patient/client needs/problems within the Egyptian health care system and the personal context.	2.1.4.1	Outline problems and basic principles of caring of disabled population properly in different community settings.
		2.1.4.2	Identify population at risk within urban and rural communities through home visits.

<b>Program Outcomes (NARS/ARS)</b> (according to the matrix in the program specs)		<b>Course Learning Outcomes</b> Upon completion of the course, the student will be able to:	
<b>Code</b>	<b>Text</b>	<b>Code</b>	<b>Text</b>
2.1.5	Utilize different community resources for referral to assist the patient/client and family through transitions across the continuum of care.	2.1.5.1	Utilize the available community resources effectively to provide nursing care for individuals, families, or groups.
2.1.6	Examine evidence that underlie clinical nursing practice to offer new insights to nursing care for patients, families, and communities.	2.1.6.1	Describe the epidemiological model for work health interactions to improve different groups practices about spread of infection.
		2.1.6.2	Convert the standards of occupational and environmental health in nursing practice.
2.2.4	Use educational principles and counseling techniques appropriately and effectively with diverse populations.	2.2.4.1	Formulate principles of counseling effectively for different age groups.
2.2.5	Communicate health information and coordinate health education/promotion activities effectively according to patient/client needs.	2.2.5.1	Select health education methods according to patient/clients' needs at different health settings
3.2.2	Act to protect patients and their families from unsafe, illegal, or unethical care practices in different work settings.	3.2.2.1	Analyze the different health hazards within the work environment that influence the health of individuals.
		3.2.2.2	Integrate an ethical value system for informed nursing practices regardless patients' culture.
3.2.4	Apply research methods related to area of practice that enable and use the best evidence to maintain safe work environment.	3.2.4.1	Demonstrate safety measures in different work settings.
3.3.2	Participate in quality improvement process to enhance nursing care rendered and patient/client outcomes.	3.3.2.1	Participate as role modeling and support other health personnel to maximize outcomes of patient care.
		3.3.2.2	Explain importance of using personal protective equipment to enhance professional growth and maintain quality.
3.3.4	Implement standardized protocols when providing nursing care considering quality improvement and patient's safety.	3.3.4.1	Discuss standardized nursing care during phases of disaster management for maintaining individuals' safety
4.2.3	Apply technologies and information	4.2.3.1	Use the internet and other electronic sources

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<b>Program Outcomes (NARS/ARS)</b> (according to the matrix in the program specs)		<b>Course Learning Outcomes</b> Upon completion of the course, the student will be able to:	
<b>Code</b>	<b>Text</b>	<b>Code</b>	<b>Text</b>
	systems to support provision of safe nursing care practice to individuals, families, and communities.		as a source of information related to advanced standards of practice and individuals care.
5.1.1	Maintain inter-professional collaboration, in a variety of settings to maximize health outcomes for the patients, families and communities.	5.1.1.1	Categorize the role of the community health nurse in solving health problems of individuals and families and enhance patients/ clients health outcomes.
5.1.3	Use standardized communication approach to transfer care responsibilities to other professionals to facilitate experience transitions across different health care settings.	5.1.3.1	Explain different communication methods and skills to different groups in different health settings to facilitate care provision.

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#### **4. Teaching and Learning Methods**

- 1- Interactive lecture
2. Brain storming
3. Blended learning

## Course Schedule

Number of the Week	Scientific content of the course (Course Topics)	Total Weekly Hours	Expected number of the Learning Hours			
			Theoretical teaching (lectures/discussion groups/.....)	Training (Practical/Clinical/.....)	Self-learning (Tasks/Assignments/Projects/...)	Other (to be determined)
1	- Overview of community health nursing.	3hours	3hours	-	-	-
2	- School health.	3hours	3hours	-	-	-
3	- Chronic diseases.	3hours	3hours	-	-	-
4	- Home visiting.	3hours	3hours	-	-	-
5	- Communication and health education. - Primary health care	3hours	3hours	-	-	-
6	- Homeless - Community based rehabilitation	3hours	3hours	-	-	-
7	- Disasters management	3hours	3hours	-	-	-
8	- Community assessment diagnosis.	3hours	3hours	-	-	-
9	- Environmental health and safety.	3hours	3hours	-	-	-
10	- Communicable disease.	3hours	3hours	-	-	-
11	-Occupational health.	3hours	3hours	-	-	-
12	- Disability - The family as a client.	3hours	3hours	-	-	-
13	- Rural health - Violence.	3hours	3hours	-	-	-
14	- Counseling - Climate changes	3hours	3hours	-	-	-



## 5. Methods of students' assessment

No.	Assessment Methods *	Assessment Timing (Week Number)	Marks/ Scores	Percentage of total course Marks
1	Seasonal works	Periodical	30	%20
2	Electronic midterm exam	7 <sup>th</sup> week	20	%13.3
3	Final electronic written exam	16 <sup>th</sup> week	100	%66.7

## 6. Learning Resources and Supportive Facilities \*

Learning resources (books, scientific references, etc.) *	The main (essential) reference for the course (must be written in full according to the scientific documentation method)	Community Health Nursing Department, (2025): Electronic Handouts (CD) of Community Health Nursing .Department, Faculty of Nursing, Benha University
	Other References	Edelman, C. Mandle, C. and Kudzman, E . (2023): Health promotion throughout the life span ,8th ed. Elsevier health sciences,p.60 Hemamalini, M& Gangadharan, S. (2024): Community health nursing frame work, 3rd Ed, Elesevier health science, India. Maurer, f. and Smith, C. (2024): Community /public health nursing, Health for all families and population ,Sunders Elsevier
	Electronic Sources (Links must be added)	<a href="https://www.apha.org/apha-communities/member-sections/public-health-nursing">https://www.apha.org/apha-communities/member-sections/public-health-nursing</a> <a href="https://www.who.int/healthtopics/communityhealth">https://www.who.int/healthtopics/communityhealth</a>
	Learning Platforms (Links must be added)	<a href="https://ebook1.bu.edu.eg">https://ebook1.bu.edu.eg</a> <a href="http://www.elearning.edu.eg.com">http://www.elearning.edu.eg.com</a> .
	Other (to be mentioned)	-
Supportive facilities & equipment for teaching and learning *	Devices/Instruments	Data show
	Supplies	White board
	Electronic Programs	Microsoft teams
	Skill Labs/ Simulators	-
	Virtual Labs	-
	Other (to be mentioned)	-

Name and Signature  
Course Coordinator

Prof Doaa Mohamed Sobhy  
13/7/2025

Name and Signature  
Program Coordinator

Dr. Mahboub Sobhy  
13/7/2025