



Course Specification

(2025)

1. Basic Information

Course Title (according to the bylaw)	Obstetric and Gynecological Nursing (theory) تمريض النساء والتوليد (نظري)			
Course Code (according to the bylaw)	NUR311			
Department/s participating in delivery of the course	Obstetric and Gynecological Nursing department.			
Number of credit hours/points of the course (according to the bylaw)	Theoretical	Practical	Other (specify)	Total
	4 (credit hours)	-	-	4 (hours)
Course Type	اجباري			
Academic level at which the course is taught	الفرقة/ المستوى الثالث			
Academic Program	Bachelor Degree in Nursing Science(credit hours)			
Faculty/Institute	Nursing			
University/Academy	Benha			
Name of Course Coordinator	Professor: Eman Mohammed Abd El hakam			
Course Specification Approval Date	2/7/2025			
Course Specification Approval (Attach the decision/minutes of the department /committee/council)	مجلس قسم تمريض أمراض النساء والتوليد			

2. Course Overview (Brief summary of scientific content)

The course aims to acquire nursing students with comprehensive knowledge and attitude related to obstetric and gynecological field to be able to provide competent nursing care for women across the life span with up to date clinically relevant information.

3. Course Learning Outcomes CLOs

Matrix of course learning outcomes CLOs with program outcomes POs (NARS/ARS)

Program Outcomes (NARS/ARS) (according to the matrix in the program specs)		Course Learning Outcomes Upon completion of the course, the student will be able to:	
Code	Text	Code	Text
1.1.2	Apply value statements in nurses' code of ethics and professional conduct for ethical decision making .	1.1.2.1	Explain the anatomy and physiology of the female reproductive system and use this knowledge to support ethically sound patient education and advocacy.
		1.1.2.2	Apply the nurses' code of ethics in providing respectful and nonjudgmental care to women experiencing physiological changes during pregnancy.
		1.1.2.3	Integrate ethical principles—such as autonomy, beneficence, non-maleficence, and justice—into clinical decision, menstruation, contraception and fertility treatment.
1.1.3	Practice nursing in accordance with institutional/national legislations, policies and procedural guidelines considering patient/client rights.	1.1.3.1	Adhere to institutional and national policies and legislation when diagnosing pregnancy, ensuring confidentiality and informed consent.
		1.1.3.2	Provide antenatal care in accordance with patient rights, professional guidelines, and national healthcare policies
		1.1.3.3	Make ethical and professional decisions when managing cases of bleeding in early

Program Outcomes (NARS/ARS) (according to the matrix in the program specs)		Course Learning Outcomes Upon completion of the course, the student will be able to:	
Code	Text	Code	Text
			pregnancy, ensuring emotional support and accurate information.
1.1.4	Demonstrate responsibility and accountability for care within the scope of professional and practical level of competence.	1.1.4.1	Enumerate patients' rights, autonomy and privacy in according with institutional policies in providing components of antenatal care.
		1.1.4.2	Apply competent care during normal labor delivery
		1.1.4.3	State procedural guidelines during caring of women with abnormal labor.
		1.1.4.4	Apply responsibility and accountability in nursing management of complicated puerperium.
2.1.3	Provide holistic patient-centered care respecting people diversity.	2.1.3.1	Provide holistic, patient-centered care that respects cultural, social, and individual diversity when managing hypertensive disorders during pregnancy.
		2.1.3.2	Provide holistic, patient-centered care that respects cultural, social, and individual diversity when managing heart disease during pregnancy.
2.1.4	Advocate the patient/client needs/problems within the Egyptian health care system and the personal context.	2.1.4.1	Advocate for the needs and concerns of pregnant women diagnosed with gestational diabetes, considering their cultural background and access to care within the Egyptian healthcare system.
2.2.3	Participate in informal and formal methods of teaching that correspond to the health of patient/client needs and abilities in different health care settings.	2.2.3.1	Support and represent pregnant women suffering from anemia by addressing their nutritional, medical, and social needs in alignment with national healthcare policies and their personal context.
2.2.5	Communicate health information and coordinate health education/promotion activities effectively according to patient/client needs.	2.2.5.1	Communicate accurate health information related to the physiology of normal labor, ensuring the patient understands each stage and what to expect.
3.3.2	Participate in quality improvement process to enhance nursing care	3.3.2.1	Coordinate appropriate health education and promotion activities during the

Program Outcomes (NARS/ARS) (according to the matrix in the program specs)		Course Learning Outcomes Upon completion of the course, the student will be able to:	
Code	Text	Code	Text
	rendered and patient/client outcome		management of normal labor, tailored to the woman's individual needs, preferences, and level of understanding.
3.3.4	Implement standardized protocols when providing nursing care considering quality improvement and patient's safety.	3.3.4.1	Use a standardized communication approach when transferring care responsibilities for women experiencing genital prolapse to ensure continuity and quality of care across different healthcare settings.
4.1.1	Use different sources of data related to contemporary standards of practice and patient care.	4.1.1.1	Provide clear and culturally sensitive health education about family planning options based on the client's reproductive goals and needs.
5.1.3	Use standardized communication approach to transfer care responsibilities to other professionals to facilitate experience transitions across different health care settings.	5.1.3.1	Communicate effectively with patients dealing with infertility, offering emotional support and coordinating appropriate referrals in line with their personal and medical needs.
5.1.4	Utilize communication styles that diminish the risks associated with authority gradients among health care team members.	5.1.4.1	Deliver accurate health information and promote self-care strategies for women during menopause, while coordinating care transitions with other professionals when needed.

4. Teaching and Learning Methods

- Blended learning.
- Electronic learning.
- Interactive lectures.

2. Course Schedule

Number of the Week	Scientific content of the course (Course Topics)	Total Weekly Hours	Expected number of the Learning Hours			
			Theoretical teaching (lectures/discussion groups/.....)	Training (Practical/Clinical/.....)	Self-learning (Tasks/Assignments/Projects/...)	Other (to be determined)- <u>Electronic learning</u>
1	Anatomy and physiology of female reproductive system Menstruation	4hours	4hours	-	-	-
2	Fertilization Physiological changes during pregnancy	4hours	4hours	-	-	-
3	Diagnosis of pregnancy Ante natal care	4hours	4hours	-	-	-
4	Bleeding in early pregnancy Bleeding in late pregnancy	4hours	4hours	-	-	-
5	Hypertensive disorders (pregnancy induced hypertension) Heart disease in pregnancy	4hours	4hours	-	-	-
6	Gestational diabetes Anemia during pregnancy	4hours	4hours	-	-	-
7	Physiology of normal labor Management of normal labor	4hours	4hours	-	-	-
8	Abnormal labor	4hours	4hours	-	-	-
9	Normal puerperium.	4hours	4hours	-	-	-
10	Abnormal puerperium	4hours	4hours	-	-	-
11	Family planning	4hours	4hours	-	-	-
12	Genital prolapses	4hours	4hours	-	-	-
13	Infertility	4hours	4hours	-	-	-
14	Menopause	4hours	4hours	-	-	-

5. Methods of students' assessment

No.	Assessment Methods *	Assessment Timing (Week Number)	Marks/ Scores	Percentage of total course Marks
1	Seasonal works	periodical	40	%20
2	Mid- term	7th week	20	%10
3	Final electronic written Exam	16th week	140	%70

* The methods mentioned are examples, the organization may add and/or delete

6. Learning Resources and Supportive Facilities *

Learning resources (books, scientific references, etc.) *	The main (essential) reference for the course (must be written in full according to the scientific documentation method)	Obstetric and Gynecological Nursing Department (2025): Electronic Handout (CD) for obstetric and gynecological nursing, Faculty of Nursing, Benha University.
	Other References	McKinney, E. S., James, S. R., Murray, S. S., Nelson, K., & Ashwill, J., (2025). Maternal-child nursing-e-book,, 6th _ ed, Elsevier Health Sciences © 2022 by Elsevier Inc.,,Available@:www.elsevier.com.
	Electronic Sources (Links must be added)	Egyptian knowledge bank /https://www.ekb.eg
	Learning Platforms (Links must be added)	http://ebook1.bu.edu.eg
	Other (to be mentioned)	
Supportive facilities & equipment for teaching and learning *	Devices/Instruments	Data show
	Supplies	White board
	Electronic Programs	Microsoft teams
	Skill Labs/ Simulators	-
	Virtual Labs	-
	Other (to be mentioned)	-

* The list mentioned is an example, the institution may add and/or delete depending on the nature of the course

Name and Signature
Course Coordinator

Dr. Eman Mohamed
2/7/2025

Name and Signature
Program Coordinator

Dr. Mahbouba Sobhy
2/7 / 2025

Matrix between subjects objectives and methods of evaluation

Course name: Obstetrics and Gynecology Nursing

Code: NUR311

Academic year :2025-2026

Third academic level /1st & 2nd semester

Domain/ competency	Key elements	Subjects Objectives	Method of Evaluation				
			Periodic exams (Seasonal (work)	(mid- term)	Oral exams	Clinical exams	Final written exam (Electron
Domain (1) Professional and Ethical Practice Competency 1.1 Demonstrate knowledge, understanding, responsibility and accountability of the legal obligations for ethical nursing practice.	1.1.2 Apply value statements in nurses' code of ethics and professional conduct for ethical decision making.	1.1.2.1 Explain the anatomy and physiology of the female reproductive system and use this knowledge to support ethically sound patient education and advocacy.	*	*	-	-	*
		1.1.2.2 Apply the nurses' code of ethics in providing respectful and nonjudgmental care to women experiencing physiological changes during pregnancy.	*	*	-	-	*
		1.1.2.3 Integrate ethical principles—such as autonomy, beneficence, non-maleficence, and justice—into clinical decision, menstruation, contraception and fertility treatment.	*	*	-	-	*

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			Periodic exams (Seasonal (work)	(mid- term)	Oral exams	Clinical exams	Final written exam (Electron
Domain 1 Professional and ethical practice Competency 1.1 Demonstrate knowledge, understanding, responsibility and accountability of the legal obligations for ethical nursing practice.	1.1.3 Practice nursing in accordance with institutional/national legislations, policies and procedural guidelines considering patient/client rights.	1.1.3.1 Adhere to institutional and national policies and legislation when diagnosing pregnancy, ensuring confidentiality and informed consent.	*	*	-	-	*
		1.1.3.2 Provide antenatal care in accordance with patient rights, professional guidelines, and national healthcare policies	*	*	-	-	*
		1.1.3.3 Make ethical and professional decisions when managing cases of bleeding in early pregnancy, ensuring emotional support and accurate information.	*	*	-	-	*

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Third academic level /1st & 2nd semester

Domain/ competency	Key elements	Subjects Objectives	Method of Evaluation				
			Periodic exams (Seasonal (work)	(mid- term)	Oral exams	Clinical exams	Final written exam (Electron
	1.1.4 Demonstrate responsibility and accountability for care within the scope	1.1.4.1 Enumerate patients' rights, autonomy and privacy in according with institutional polices in providing components of antenatal care.	*	*	-	-	*
		1.1.4.2 Apply competent care during normal labor delivery	*	*	-	-	*
		1.1.4.3 State procedural guidelines during caring of women with abnormal labor.	*	*	-	-	*
		1.1.4.4 Apply responsibility and accountability in nursing management of complicated puerperium.	*	*	-	-	*

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			Periodic exams (Seasonal (work)	(mid- term)	Oral exams	Clinical exams	Final written exam (Electron)
Domain2 Competency 2.1 Provide holistic and evidence-based nursing care in different practice settings	2.1.3Provide holistic patient-centered care respecting people diversity.	2.1.3.1 Provide holistic, patient-centered care that respects cultural, social, and individual diversity when managing hypertensive disorders during pregnancy.	*	*	-	-	*
		2.1.3.2 Provide holistic, patient-centered care that respects cultural, social, and individual diversity when managing heart disease during pregnancy.	*	*	-	-	*
Domain2 Competency 2.1 Provide holistic and evidence-based nursing care in different practice settings	2.1.4 Advocate the patient/client needs/problems within the Egyptian health care system	2.1.4.1 Advocate for the needs and concerns of pregnant women diagnosed with gestational diabetes, considering their cultural background and access to care within the Egyptian	*	*	-	-	*

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Third academic level /1st & 2nd semester

Domain/ competency	Key elements	Subjects Objectives	Method of Evaluation				
			Periodic exams (Seasonal (work)	(mid- term)	Oral exams	Clinical exams	Final written exam (Electron
	and the personal context.	healthcare system.					
Domain2 Competency 2.2 Provide health education based on the needs/problems of the patient/client within a nursing framework.	2.2.3 Participate in informal and formal methods of teaching that correspond to the health of patient/client needs and abilities in different health care settings.	2.2.3.1 Support and represent pregnant women suffering from anemia by addressing their nutritional, medical, and social needs in alignment with national healthcare policies and their personal context.	*	*	-	-	*
	2.2.5 Communicate health information and coordinate health	2.2.5.1 Communicate accurate health information related to the physiology of normal labor, ensuring the patient understands each stage and what to	*	*	-	-	*

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Third academic level /1st & 2nd semester

Domain/ competency	Key elements	Subjects Objectives	Method of Evaluation				
			Periodic exams (Seasonal (work)	(mid- term)	Oral exams	Clinical exams	Final written exam (Electron
	education/promotion activities effectively according to patient/client needs.	expect.					
Domain3 Competency 3.3 Review health care outcomes in the light of quality indicators and benchmarks to achieve the ultimate goals of improving the quality of nursing care.	3.3.2 Participate in quality improvement process to enhance nursing care rendered and patient/client outcome	3.3.2.1 Coordinate appropriate health education and promotion activities during the management of normal labor, tailored to the woman's individual needs, preferences, and level of understanding.	*	*	-	-	*
	3.3.4 Implement standardized protocols when providing nursing care considering quality	3.3.4.1 Use a standardized communication approach when transferring care responsibilities for women experiencing genital prolapse	*	*	-	-	*

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Domain/ competency	Key elements	Subjects Objectives	Method of Evaluation				
			Periodic exams (Seasonal (work)	(mid- term)	Oral exams	Clinical exams	Final written exam (Electron
	improvement and patient's safety.	to ensure continuity and quality of care across different healthcare settings.					
Domain4 Competency 4.1Utilize information and technology to underpin health care delivery, communicate, manage knowledge and support decision making for patient care.	4.1.1 Use different sources of data related to contemporary standards of practice and patient care.	4.1.1.1 Provide clear and culturally sensitive health education about family planning options based on the client's reproductive goals and needs.	*	*	-	-	*

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Domain/ competency	Key elements	Subjects Objectives	Method of Evaluation				
			Periodic exams (Seasonal (work)	(mid- term)	Oral exams	Clinical exams	Final written exam (Electron)
Domain5 Competency 5.1 Collaborate with colleagues and members of the health care team to facilitate and coordinate care provided for individuals, families and communities.	5.1.3 Use standardized communication approach to transfer care responsibilities to other professionals to facilitate experience transitions across different health care settings.	5.1.3.1 Communicate effectively with patients dealing with infertility, offering emotional support and coordinating appropriate referrals in line with their personal and medical needs.	*	*	-	-	*
	5.1.4 Utilize communication styles that diminish the risks associated with authority gradients among health care team members.	5.1.4.1 Deliver accurate health information and promote self-care strategies for women during menopause, while coordinating care transitions with other professionals when needed.	**	*	-	-	*

Name and Signature
Course Coordinator

Dr. Eman Mohamed
21/7/2025

Name and Signature
Program Coordinator

Dr. Mahboubia Sobhy
21/7/2025

Matrix between subjects objectives and methods of learning and teaching

Course name: Obstetrics and Gynecology Nursing

Code: NUR311

Academic year :2025-2026

Third academic level /1st &2nd semester

Domain/ competency	Key elements	Subjects Objectives	Methods of teaching and learning						
			Interactive lecture	Brain storming	Problem-based learning	Self-learning	E-learning	Blended Learning	Project based learning
Domain (1) Professional and Ethical Practice Competency 1.1 Demonstrate knowledge, understanding, responsibility and accountability of the legal obligations for ethical nursing practice.	1.1.2 Apply value statements in nurses' code of ethics and professional conduct for ethical decision making.	1.1.2.1 Explain the anatomy and physiology of the female reproductive system and use this knowledge to support ethically sound patient education and advocacy.	*	-	-	-	*	*	-
		1.1.2.2 Apply the nurses' code of ethics in providing respectful and nonjudgmental care to women experiencing physiological changes during pregnancy.	*	-	-	-	*	*	-
		1.1.2.3 Integrate ethical							

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Third academic level /1st &2nd semester

Domain/ competency	Key elements	Subjects Objectives	Methods of teaching and learning						
			Interactive lecture	Brain storming	Problem-based learning	Self-learning	E-learning	Blended Learning	Project based learning
		principles—such as autonomy, beneficence, non-maleficence, and justice—into clinical decision, menstruation, contraception and fertility treatment.	*	-	-	-	*	*	-
Domain 1 Professional and ethical practice Competency 1.1 Demonstrate knowledge,	1.1.3 Practice nursing in accordance with institutional/national legislations, policies and procedural guidelines considering patient/client	1.1.3.1 Adhere to institutional and national policies and legislation when diagnosing pregnancy, ensuring confidentiality and informed consent.	*	-	-	-	*	*	-

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Domain/ competency	Key elements	Subjects Objectives	Methods of teaching and learning						
			Interactive lecture	Brain storming	Problem-based learning	Self-learning	E-learning	Blended Learning	Project based learning
understanding, responsibility and accountability of the legal obligations for ethical nursing practice.	rights.								
		1.1.3.2 Provide antenatal care in accordance with patient rights, professional guidelines, and national healthcare policies	*	-	-	-	*	*	-
		1.1.4 Demonstrate responsibility and accountability for care within the scope	*	-	-	-	*	*	-
		1.1.3.3 Make ethical and professional decisions when managing cases of bleeding in early pregnancy, ensuring emotional support and accurate							

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Domain/ competency	Key elements	Subjects Objectives	Methods of teaching and learning						
			Interactive lecture	Brain storming	Problem-based learning	Self-learning	E-learning	Blended Learning	Project based learning
		information.							
		1.1.4.1 Enumerate patients' rights, autonomy and privacy in according with institutional polices in providing components of antenatal care.	*	-	-	-	*	*	-
		1.1.4.2 Apply competent care during normal labor delivery	*	-	-	-	*	*	-
		1.1.4.3 State procedural guidelines during caring of women with abnormal labor.	*	-	-	-	*	*	-

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Third academic level /1st &2nd semester

Domain/ competency	Key elements	Subjects Objectives	Methods of teaching and learning						
			Interactive lecture	Brain storming	Problem-based learning	Self-learning	E-learning	Blended Learning	Project based learning
		1.1.4.4 Apply responsibility and accountability in nursing management of complicated puerperium.	*	-	-	-	*	*	-
Domain2 Competency 2.1 Provide holistic and evidence-based nursing care in different practice settings	2.1.3Provide holistic patient-centered care respecting people diversity.	2.1.3.1 Provide holistic, patient-centered care that respects cultural, social, and individual diversity when managing hypertensive disorders during pregnancy.	*	-	-	-	*	*	-

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Domain/ competency	Key elements	Subjects Objectives	Methods of teaching and learning						
			Interactive lecture	Brain storming	Problem-based learning	Self-learning	E-learning	Blended Learning	Project based learning
		2.1.3.2 Provide holistic, patient-centered care that respects cultural, social, and individual diversity when managing heart disease during pregnancy.	*	-	-	-	*	*	-
Domain2 Competency 2.1 Provide holistic and evidence-based nursing care in different practice settings	2.1.4 Advocate the patient/client needs/problems within the Egyptian health care system and the personal context.	2.1.4.1 Advocate for the needs and concerns of pregnant women diagnosed with gestational diabetes, considering their cultural background and access to care within the Egyptian healthcare	*	-	-	-	*	*	-

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Domain/ competency	Key elements	Subjects Objectives	Methods of teaching and learning						
			Interactive lecture	Brain storming	Problem-based learning	Self-learning	E-learning	Blended Learning	Project based learning
		system.							
Domain2 Competency 2.2 Provide health education based on the needs/problems of the patient/client within a nursing framework.	2.2.3 Participate in informal and formal methods of teaching that correspond to the health of patient/client needs and abilities in different health care settings.	2.2.3.1 Support and represent pregnant women suffering from anemia by addressing their nutritional, medical, and social needs in alignment with national healthcare policies and their personal context.	*	-	-	-	*	*	-

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Third academic level /1st &2nd semester

Domain/ competency	Key elements	Subjects Objectives	Methods of teaching and learning						
			Interactive lecture	Brain storming	Problem-based learning	Self-learning	E-learning	Blended Learning	Project based learning
	2.2.5 Communicate health information and coordinate health education/promotion activities effectively according to patient/client needs.	2.2.5.1 Communicate accurate health information related to the physiology of normal labor, ensuring the patient understands each stage and what to expect.	*	-	-	-	*	*	-
Domain3 Competency 3.3 Review health care outcomes in the light of quality indicators and benchmarks to	3.3.2 Participate in quality improvement process to enhance nursing care rendered and patient/client outcome	3.3.2.1 Coordinate appropriate health education and promotion activities during the management of normal labor, tailored to the woman's	*	-	-	-	*	*	-

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Domain/ competency	Key elements	Subjects Objectives	Methods of teaching and learning						
			Interactive lecture	Brain storming	Problem-based learning	Self-learning	E-learning	Blended Learning	Project based learning
achieve the ultimate goals of improving the quality of nursing care.		individual needs, preferences, and level of understanding.							
	3.3.4 Implement standardized protocols when providing nursing care considering quality improvement and patient's safety.	3.3.4.1 Use a standardized communication approach when transferring care responsibilities for women experiencing genital prolapse to ensure continuity and quality of care across different healthcare settings.	*	-	-	-	*	*	-
			*	-	-	-	*	*	-



Matrix between subjects objectives and methods of learning and teaching
Course name: Obstetrics and Gynecology Nursing **Code: NUR311**
Academic year :2025-2026 **Third academic level /1st &2nd semester**

Domain/ competency	Key elements	Subjects Objectives	Methods of teaching and learning						
			Interactive lecture	Brain storming	Problem-based learning	Self-learning	E-learning	Blended Learning	Project based learning
care team to facilitate and coordinate care provided for individuals, families and communities.		referrals in line with their personal and medical needs.							
	5.1.4 Utilize communication styles that diminish the risks associated with authority gradients among health care team members.	5.1.4.1 Deliver accurate health information and promote self- care strategies for women during menopause, while coordinating care transitions with other professionals when needed.	*	-	-	-	*	*	-

Name and Signature
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