

# Communication among health team members

**Lesson 10:** health care team

**Academic year:** 1<sup>st</sup> year

**Setting:** Institute of nursing, Benha University

**Lecturer:** dr. Seham Abd El aziz

**Lesson 10****Health care team****Definition of health care team:**

☞ The **health care team** have been defined as “a group of people who share a common **health** goals and objectives determine by community need to the achievement of which each member of the **team** contribute in according to his or her competent and skills and in coordination with the function of others”

**The objectives of health care team:**

☞ The primary goal of a **health care team** is to provide quality patient **care**, however we must recognize what feeds into the goals that determine a **team** actions

**☞ Members of Healthcare team:**

- Doctors.
- Physician Assistants.
- Nurses.
- Pharmacists.
- Dentists.
- Technologists and technicians.
- Therapists and rehabilitation specialists.
- Emotional, social and spiritual support providers
- Administrative and support staff
- Community health workers and patient navigators

**Essential characteristics of healthy teams:****1. Clear Mission, Vision and Strategy**

To feel a part of the team, people need to know where the team is going, why they are going there and what their role is on the team. An understanding of the overall goals and objectives fuels energy.

## **2. Healthy Relationships**

Team members who actually like each other and enjoy spending time with one another. This doesn't mean there isn't conflict, but conflict is used to make the team stronger not to divide people.

## **3. Celebratory Atmosphere**

A team needs time just to have fun together. And needs a freedom for spontaneous (and planned) celebration.

## **4. Shared Sufferings**

A healthy team spirit says, "we are in this together"—through good times and hard times. In addition to laughing together, a good-spirited team can cry together through difficulties of life.

## **5. Shared Workload**

Everyone pulls equal weight and helps one another accomplish individual and collective goals.

## **6. Leadership Embraces Team**

This may be the biggest one. As a leader, it's easy to get distracted with my own responsibilities. A healthy team spirit requires involvement from every level, but a team mindset must especially come from leadership