The aim of this course is to provide students with knowledge and skills helping them to assess an individual's psychological state and identify the common psychiatric problems within a general nursing framework to plan
and implement nursing interventions based on nursing theory, personality development, human behavior and related behavior and biological sciences

2 - النتائج التعليمية المستهدفة للمقرر :

ـ المعرفة والفهم (a)

By the end of this course, the student will be able to:

a1 Identify terms related to psychiatric mental health (symptomatology).

a2 Describe the different coping mechanisms that protect the ego against anxiety.

a3 Identify the nursing communication skills.

a4 Recognize the use, effect and side effect of E.C.T.

a5 State the indication, contra indication, administration and precautions of the psychotropic medication.

a6 Explain role of the nurse in psychiatric emergency.

a7 Mention theoretical approaches of development personality.

a8 Discuss the different psychiatric illness in relation to its etiologies, symptomatology, and main aspect of treatment modalities and application of principles of psychiatric nursing.

a9 Summarize elements, purpose and techniques of the caring therapeutic interaction and relationship.

a10 Identify major type of community resources for prevention, treatment, and rehabilitation of psychiatric patient.

a11 Identify different psychiatric illness, etiologies symptomatology, and main aspect of treatment modalities and application of principles of psychiatric nursing for child and adolescent

a12 Explain major type of cognitive disorders.
Plan nursing intervention to individual, families or groups including three level of intervention related the psychiatric illness to its respective diagnostic classifications.

Classify the different psychiatric disorders necessary to plan nursing care.

Incorporated theories and concept in meeting the health needs and problems of psychiatric clients in nursing practice.

Interpret the most important symptoms and signs of disease in disease in psychiatric patients.

Make decisions regarding common clinical situations using appropriate problem solving skills and relevant ethical principles.

Apply the principles of nursing process.

Discuss the concepts of anxiety and stress as they relate to human behavior.

Consider theories of behavior and theories of personality development as they impact on family systems.

Apply appropriate professional attitudes, communication and problem solving skills

Illustrate factors affecting the nurse patient relation skill. Such as cultural, emotional, socio economic and physical factors

Report the psychopharmacological agents commonly used in treatment of mentally ill patients.

Communicate effectively with children, adolescents and their families using appropriate communication skills

Implement plan for caring mentally ill patient.

Present reports in an organized and informative manner
Demonstrate appropriate professional attitudes and behaviors in different practice situations

D3-Display neutral attitude towards patient's beliefs and actions

D4-Use communication techniques and creative thinking

D5- use different computer program and download information from internet

D6- work effectively as apart of a team.

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<tr>
<th>المحتوى المقرر</th>
<th>عدد الساعات / المحاضرة</th>
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4.1- Lectures/ discussion

4.2- Clinical and small group discussion

4.3- Seminar (written assignment and presentation)

4.4- case study

4.5- Clinical conference

5.1. Mid-term examination to:

a- assess outcome of previous learning objects

b- Identify of learning difficulties and determine its causes and offer a treatment method to handle these difficulties

c- Modifies and improves the learning process

d- Providing feedback

5.2-Clinical evaluation to:

a- Assess the student practical skills

b- Diagnoses of clinical difficulties and determine its causes and offer

c- Improve the learning process and performance

d- Providing feedback

5.3- Oral examination to assess:
a- The student fluency and meaning understanding of the psychiatric mental health concept and nursing intervention

b- The student ability to express oneself, confidence and decisiveness

c- The student ability to discuss logically

5.4- Objective written examination to:

a- assess knowledge and understanding intellectual skill gained by the students

b- Decide whether a student can complete a course, move to another course in the academic program, or graduate

5-5 assignment and presentation:

To assess general and transferable skills

جدول التقييم:

| Assessment 1 | Periodical practical and oral examination | every 2 week |
| Assessment 2 | Written midterm examination | 8 week |
| Assessment 3 | final oral and practical examination | 15 week |
| Assessment 4 | Final term examination | 15 week |

النسبة المئوية لكل تقييم:

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أى تقييم آخر بدون درجات

6 - قائمة المراجع
Handout in Mental Health Nursing prepared by Dr. Mawaheb Mahmoud and Dr. Hanan Nasef

6 - الكتب الدراسية


6 - مجلات دورية، مواقع إنترنت، إلخ

www.psyche.org
www.pubmed.com
www.nursing center.com
www.edul.elu.eg

7 - الإمكانيات المطلوبة للتعليم والتعلم

- Overhead projector
- Lecture holes – small classes
- Data show projector
- White board.
- Case study
- Computer

/ تم مناقشة التوصيف وإعتماده بمجلس القسم المنعقد بتاريخ / 

التوقع:

أستاذ المادة:
Dr Mawaheb Mahmoud

التوقيع:
رئيس القسم:
Prof. DR Abou zied khedr

التوقيع:
التاريخ: