Fudamentals of nursing

العنوان: 

NUR 0901

الكود: 0901

السّاعات المعتمدة: 360 ساعة تدريسية

الدراسية: 15 x 4 x 20 = 1200 ساعة

الإرشاد الأكاديمي: 360 ساعة

(ب) البيانات المهنية

1. الأهداف العامة للمقرر:

The course aimed to provide students with basic nursing knowledge, practice and attitude for caring the patients with various health problems
At the end of the course the student should be able

أ - المعرفة والفهم:

Discuss nursing history in different areas...

- Conceptualize body mechanics, good posture

- Enumerate the five elements of infection chain

Describe the common practices of medical asepsis in every day living

- Identify modes of transmission of blood born disease in health care setting

- Enumerate phases of nursing process

- Identify basic knowledge related to respiration

- Mention the common sites for measuring body temperature and palpating pulse and deviation from normal

  Conceptualize hygiene, good personal hygiene, bed sores, dental caries, gingivitis, dandruff, pediculosis and nits.

  Describe the characteristics of normal hair.

  - Enumerate the signs, symptoms and prevention of gingivitis.
  
  - Mention the main types of pediculosis

Identify the anatomy and physiology of circulatory system.

ب - المهارات الذهنية:

Formulate individual, nursing care plan to each clients.

- Discuss specific nursing intervention for difficult respiration.

Discuss causes and mechanisms of the progression of bed sores...

- Recognize the preventive measures and treatment of bed sores.

- Discuss the nursing measures of nail care.

- Design plan of care for common health problems
- Compare between the routine AM and PM care.
Using nursing process effectively in dealing with the patient.

- Differentiate between signs and symptoms of infection.

- Explain the mechanisms of heat loss.

- Discuss descriptive terms commonly used in charting.

- Discuss the common practices of medical asepsis in personal grooming.

- Differentiate between different positions used in physical examination.

- Convert temperature measured by centigrade to Fahrenheit and vise versa.

- Explain the mechanism of respiratory control.

- Differentiate factors increasing or decreasing heat production.

- Collect data about clients health condition from different resources.

- Demonstrate hand washing technique.

- Measure vital signs measurements.

- Collect data about clients health condition from different resources.

- Demonstrate hand washing technique.

- Measure vital signs measurements.

- Demonstrate principles of good body mechanics.

- Demonstrate range of motion exercises.

- Apply universal precautions to prevent blood-born infection.

- Use appropriate assessment techniques.
1- Develop effective conversation.

2- Apply new nursing terms.
   - Demonstrate appropriate professional attitude, values and behaviors in different practice situations.
   - Use the computer skills to be acquainted with pathological changes.
   - Apply basic principles of advocacy, empowerment, ethics, human rights, patient rights to care provision.
   - Communicate effectively with patient, colleagues & health team
   - Demonstrate appropriate professional attitude, values and behaviors in different clinical situations

Give effective report on assigned patients

<table>
<thead>
<tr>
<th>ساعات إرشاد دروس أكاديمية / عملية</th>
<th>محاضرة</th>
<th>عدد الساعات / الأسبوع</th>
<th>الموضوع</th>
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<td>-</td>
<td>4</td>
<td>4 hours</td>
<td>Nursing history</td>
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<td>4</td>
<td>4 hours</td>
<td>Body mechanics</td>
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<td>8 hours</td>
<td>Medical asepsis</td>
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<td>12</td>
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<td>Assessment of patient's health / illness status:</td>
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<td>- Assessment</td>
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<td>- Physical examination</td>
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<td>* Assessment of general and functional abilities of an individuals</td>
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<td>- Reflexes</td>
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<td>Reporting and recording</td>
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<td>Body temperature</td>
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<td>Pulse and pressure</td>
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<td>Respiration and oxygen need</td>
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<td>Some nursing problems related to respiration</td>
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<td>Skin care</td>
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<td>Bed baths</td>
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<td>Nail care and eye care</td>
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<td>Ear care</td>
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<td>Hair care</td>
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Clinical practice

Lecture- 1 - 4

Demonstration and Re- Demonstration- 2 - 4

Simulation

Role play.. - 3 - 4

Mid-term examination

Periodical examination

Final term examination- 1 - 5

Oral examination.- 2 - 5
Periodical clinical evaluation - 3 - 5

Evaluation of the practical and professional skills

Table of evaluation:

Week 1 Mid term examination
Week 2 Oral examination
Week 15 Final term examination

The evaluation:

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<th>Type of Evaluation</th>
<th>Percentage</th>
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<tr>
<td>Other types of evaluation</td>
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<td>Total</td>
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- Questionnaire
- 6 - References

Handouts prepared by Dr/ Marwa Moustafa Ragheb


White L., (2005): Foundations basic nursing, 2nd ed., Thomson, Australia,

6 - 3 - مجلات دورية ، مواقع إنترنت ، ..................... ، الخ

. Http: // www.RN.com

http:// www.enursing.com

Http://www. Pub Med.com

7 - الإمكانيات المطلوبة للتعليم والتعلم

-Laboratory equipment
- Clinical site

-Electronic Data show
- White board

- تم مناقشة التوصيف وإعتماده بمجلس القسم المنعقد بتاريخ

Dr/Marwa Moustafa Ragheb:

أستاذ المادة

التوقيع:

Prof. Dr/Ahmed Shawky:

رئيس القسم

التوقيع:

التاريخ: